



jumpo

Off-Ice Jump Class

To develop balance, agility and jump techniques preparing the body for the demands of on-ice jumping

SENIOR

Mondays 8:00–8:30 pm

INTERMEDIATE

Wednesdays 6:30–7:00 pm

ADVANCED/GOLD

Wednesdays 7:00–7:30 pm

\$15/mo.



Skaters must have consent of their private coach to participate and must also supply their own skipping rope.

Must have minimum of 5 skaters per class

Contact Rodolfo at 416.318.8362 or roogu@hotmail.com to register