

excel

SKATING PROGRAMS

PROFESSIONAL COACHING STAFF

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ALL APPROVED SKATE CANADA COACHES AND SKATERS WELCOME

**Personalized Memberships
are available upon request.**

Total discounts not to exceed limits set by directors.

**Applications are welcome at any time.
However, registrations are subject to
availability on session caps.**

Limited, one day guest fees at discretion of directors.

EXCEL 2017 SUPPORT TEAM

Markham Skating Club
Waveworkz
Centennial Centre Staff
EXCEL Professional Coaches

OFF ICE SPECIALISTS

Forward Motion Yoga
Cheryl Ward, E-RYT

Dance
Miranda Harper,
Dance Instructor/Choreographer, BSW

JumpFit
Candice Keast,
Certified Canfitpro Instructor

MOTUS O Dance Theatre
Jack Langenhuizen, BA
Co-Artistic Director, Choreographer,
Teacher, Performer

For More Information Please Contact:

Michele Britten
905.640.8488

Tracey Jones
905.721.1921

STARSKATE SUMMER OF EXCELLENCE 2017



Every Skater's Flexible Summer Program

July 10 - August 17, 2017

Markham Centennial Arena

*Sanctioned by Skate Canada
- Markham Skating Club*

**NEW
THIS YEAR...
WORKSHOP
WEDNESDAYS
FULLY COACHED
1 HOUR SESSIONS
2 - 3 PM**

Michele Britten, School Director
Tracey Jones, School Director

EXCEL Your Summer!

Programs

Fee Structure

SUMMER PROGRAM

Markham Centennial Community Centre

Excel's Summer Program includes professional group instruction every day.

Week 1 July 10 - 13

Week 2 July 17 - 20

Week 3 July 24 - 27*

Week 4 July 31 - August 3

Week 5 August 8 - 10

Week 6 August 14 - 17*

* Skate Canada Test Week

* Test Week - Single Week Membership requests may be wait listed.

BACK BY POPULAR DEMAND...

Advanced and Junior EXCEL

Junior Qualifications

Lowest - passed CanSkate Stage 5

Highest - passed one Skate Canada Preliminary

Test (ie Dutch Waltz)

"Choose Your Time"

We are pleased to offer even more flexibility to our program along with lower caps!
Choose Excel A or Excel B when registering.

Excel A Advanced

3:10 - 3:20 PM Excel Warm Up

Dedicated to edge work, turns, body line development and more

3:20 - 4:30 PM Open Freeslate/Skills/Dance

Session time for individual practise and lessons in all disciplines

4:40 - 5:10 PM Off ice Class

Stretch & Flexibility, Yoga, Jumpfit, Dance & Performance

Excel B Advanced

4:00 - 4:30 PM Off ice Class

Stretch & Flexibility, Yoga, Jumpfit, Dance & Performance

4:40 - 5:50 PM Open Freeslate/Skills/Dance

Session time for individual practise and lessons in all disciplines

5:50 - 6:00 PM Excel Workout

A comprehensive daily power stroking session

Excel A Junior

3:30 - 4:20 PM Open Freeslate/Skills/Dance

Session time for individual practise and lessons in all disciplines

4:20 - 4:30 PM On ice class

Group Lesson

4:40 - 5:10 PM Off ice Class

Stretch & Flexibility, Yoga, Jumpfit, Dance & Performance

Excel B Junior

4:00 - 4:30 PM Off ice Class

Stretch & Flexibility, Yoga, Jumpfit, Dance & Performance

4:40 - 5:30 PM Open Freeslate/Skills/Dance

Session time for individual practise and lessons in all disciplines

5:30 - 5:40 PM On ice class

Group Lesson

	4 Wks or More	3 Wks or Less
4 Days	Adv. - \$189/wk Jr. - \$165/wk	Adv. - \$199/wk Jr. - \$176/wk
3 Days	Adv. - \$169/wk Jr. - \$146/wk	Adv. - \$178/wk Jr. - \$156/wk
2 Days	Adv. - \$131/wk Jr. - \$115/wk	Adv. - \$138/wk Jr. - \$121/wk

EXCEL PACKAGES

Full Advanced Package (A or B) : \$1063

Full Junior Package (A or B) : \$925

Early Birds Pay in full by June 9, receive 5% off.
Sibling Discounts Available on request.

Policies

To be eligible to try a test, fees must be paid in full and skaters must be registered for all of test week. The skater must skate a min. of 8 days, and have their name submitted to ESP 3 weeks prior to test day for Skate Canada.

A deposit of 50% or more of total membership fees must be enclosed herewith. The balance is to be paid by post-dated cheque enclosed with the application, dated no later than 14 days prior to skater's arrival at the school.

Please contact the directors for alternative payment options, if necessary.

A charge of \$50 may be levied for any NSF cheque and must be replaced with a guaranteed form of payment.

No refunds or adjustments will be made due to the lack of ice time on test days.