EXCEL 2020 SUPPORT TEAM

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OFF ICE SPECIALISTS

Stretch/Flexibility

Judy Chantler Certified Yoga Instructor/BA Kinesiology

Dance

Miranda Harper
Dance Instructor/Choreographer
BSW/MSW

JumpFit

Candice Glover,
Certified Canfitpro Instructor

MOTUS O Dance Theatre

Jack Langenhuizen, BA Co-Artistic Director, Choreographer, Teacher, Performer

FOR MORE INFORMATION PLEASE CONTACT

Michele Britten Tracey Jones School Director School Director 905.640.8488 905.721.1921

Personalized Memberships are available upon request.

Total discounts not to exceed limits set by directors.

Applications are welcome at any time.

However, registrations are subject to
availability on session caps.

Limited, one day guest fees at discretion of directors.

SUMMER OF EXCELLENCE 2020 **Every Skater's** Flexible Summer Program July 13 - August 20, 2020 **Markham Centennial Arena**

> Sanctioned by Skate Canada Markham Skating Club

ALL APPROVED SKATE CANADA COACHES AND SKATERS WELCOME

SUMMER PROGRAM Markham Centennial Community Centre

Excel's Summer Program includes professional group instruction every day.

CHOOSE YOUR WEEKS / CHOOSE YOUR DAYS

WEEK 1	JULY 13-16
WEEK 2	JULY 20 -23
WEEK 3	JULY 27 - 30*
WEEK 4	AUGUST 4 - 6
WEEK 5	AUGUST 10 - 13
WEEK 6	AUGUST 17 - 20*

^{*} Skate Canada Test Week/High Test Week

BACK BY POPULAR DEMAND...

ADVANCED and JUNIOR EXCEL

JUNIOR QUALIFICATIONS:
Passed CanSkate Stage 5
ADVANCED QUALIFICATIONS:
Passed all Star 1 tests

LOOKING FOR MORE ICE TIME?

Enquire about our 'Extended Ice Time' Memberships

CHOOSE YOUR TIME

We are pleased to offer even more flexibility to our program along with lower caps!
Choose Excel A or Excel B when registering.

EXCEL A - ADVANCED

3:10 - 3:20 PM Excel Warm Up

Dedicated to edge work, turns, body line development and more

3:20 - 4:30 PM Open Freeskate/Skills/Dance Session time for individual practise and lessons in all disciplines

4:40 - 5:10 PM Off Ice Class

Stretch & Flexibility, Jumpfit, Dance & Performance

EXCEL B - ADVANCED

4:00 - 4:30 PM Off Ice Class

Stretch & Flexibility, Jumpfit, Dance & Performance

4:40 - 5:50 PM Open Freeskate/Skills/Dance

Session time for individual practise and lessons in all disciplines.

5:50 - 6:00 PM Excel Workout

A comprehensive daily power stroking session

EXCEL A - JUNIOR

3:30 - 4:20 PM Open Freeskate/Skills/Dance Session time for individual practise and lessons in all disciplines.

4:20 - 4:30 PM On Ice Class

Group Lession

4:40 - 5:10 PM Off Ice Class

Stretch & Flexibility, Jumpfit, Dance & Performance

EXCEL B - JUNIOR

4:00 - 4:30 PM Off Ice Class

 $Stretch\,\&\,Flexibility, Jump fit, Dance\,\&\,Performance$

4:40 - 5:30 PM Open Freeskate/Skills/Dance

Session time for individual practise and lessons in all disciplines.

5:30 - 5:40 PM On Ice Class

Group Lesson

	4 Wks or More	3 Wks or Less
4 Days	Adv \$227/wk Jr \$198/wk	Adv \$238/wk Jr \$211/wk
3 Days	Adv \$203/wk Jr \$174/wk	Adv \$214/wk Jr \$187/wk
2 Days	Adv \$156/wk Jr \$138/wk	Adv \$166/wk Jr \$145/wk

EXCEL PACKAGES

Full Advanced Package (A or B): \$1266 Full Junior Package (A or B): \$1102

Extended Packages Available on request **Early Birds** Pay in full by May 15, receive 5% off **Sibling Discounts** Available on request

POLICIES

To be eligible to try a test, fees must be paid in full and skaters must be registered for all of test week. The skater must skate a minimum of 8 days, and have their name submitted to ESP 3 weeks prior to test day for Skate Canada.

A deposit of 50% or more of the total membership fees must be enclosed herwith. The balance is to be paid by post-dated cheque enclosted with the application, dated no later than 14 days prior to skater's arrival at the school.

Please contact the directors for alternative payment options, if necessary.

A charge of \$50 will be levied for any NSF cheque and must be replaced with a guaranteed form of payment.

No refunds or adjustments will be made due to the lack of ice time on test days.

^{*} Test Week - Single Week Membership requests may be waitlisted.

^{*} Speak to your coach about Star Testing.