

# Registration Information Package Fall/Winter 2019-2020 Season September 23 to February 29, 2020

Sanctioned by Skate Canada, the Markham Skating Club offers a wide range of top quality programs. From "learn-to-skate" programs to adult lessons, and Performance Enrichment to Power Skating, we strive to offer something for everyone. Our ultimate mission is to inspire a life long love for the sport of skating.

All Fall/Winter sessions take place at the Markham Village Arena (Southeast corner of Markham Rd. and Hwy. 7).

# REGISTRATION OPENS August 6 at 6pm REGISTER ONLINE AT: www.markhamskatingclub.com

No registrations will be accepted prior to August 6 at 6pm.

All registrations are processed on a first-come, first-served basis.

Sessions fill quickly. Register early to ensure you obtain space in your preferred sessions.

If you prefer to pay by cash or cheque, or if you need help with the online process, registrations will be taken in person at the Markham Village Arena lobby on August 6 from 6-7:30pm. After registration opens, in-person registrations will continue to be accepted during office hours.

Questions? You can always contact us by phone: (905) 472-6982 or email: info@markhamskatingclub.com

#### **SUMMER 2019 OFFICE HOURS**

- July 2 August 5: Office is closed for the summer. Voice mail and email will be checked frequently.
- August 6 September 19: Mondays, Tuesdays and Thursdays from 10:00am-3:00pm.
- August 6: Open 6:00pm-7:30pm for in-person registration (those paying cash or cheque).
- September 2: Office is closed (Labour Day).

#### FALL/WINTER OFFICE HOURS (September 23 – February 29)

	Daytime	Evening
Monday	10:00am-3:00pm	5:00pm-6:30pm
Tuesday	10:00am-3:00pm	7:00pm-9:00pm
Wednesday	Closed	Closed
Thursday	10:00am-3:00pm	5:30pm-8:00pm
Friday	Closed	6:00pm-8:00pm
Saturday	9:15am-12:15pm	

#### MSC ANNUAL BBQ – Saturday, September 28 (11:30am-2pm)

Whether you are new to our club or a long-time member, join us for our annual BBQ Social on Saturday, September 28 outside the Markham Village Arena. Barbecue lunch and beverages will be provided at no charge to Markham Skating Club members and also to people wanting to find out more about our Club.



#### **PROGRAMS AND QUALIFICATIONS**

Individuals must be registered in the full program and must skate at their scheduled time each week; drop-ins to other sessions cannot be accommodated.

Skaters must have met the criteria for their selected program as of August 6, 2019.

#### **Pre-CanSkate**

**Pre-CanSkate** is an introductory session taught by professional coaches. It is taught in a flexible manner and is designed to be an enjoyable time for preschool children (ages 3-5) while they learn the fundamentals of skating. **CSA-approved helmets are mandatory. Skaters must ALWAYS wear skate guards when not on the ice.** 

#### CanSkate

CanSkate is a beginner program for skaters aged 5 and up who are able to stand up and move around competently on the ice. Our coaches work hard to ensure a fun time with 30 minutes of small group instruction per session and an exceptionally low skater-to-coach ratio. Ribbons and badges are awarded as skaters master the fundamentals to prepare for success in more advanced Skate Canada programs. CSA-approved helmets are mandatory until skaters pass CanSkate Stage 5. Skate guards are also mandatory and must always be worn when skaters are not on the ice.

# **STARSkate**

**STARSkate programs (Intermediate, Senior, Advanced, Gold)** afford skaters the opportunity to develop their figure skating in the areas of ice dance, skating skills, free skate and interpretive skating. Skaters may take tests through Skate Canada's nationally standardized testing system, but testing is not mandatory. Skaters who have mastered figure skating skills in STARSkate may choose to pursue synchronized or pairs skating, enter competitions, become involved in judging and more. All STARSkate levels include a stroking session at the start of each session or a cool down session at the close of the session.

**Intermediate Qualification:** passed CanSkate Stage 6. Includes two 10-minute group lessons in addition to a 10-minute stroking session at the start of the session. Although additional private coaching is not mandatory, it is recommended at this level; coaching must be arranged directly with the coach of your choice. Private coaching cannot be arranged through the office. See our website for details on our coaching team.

**Senior Qualification:** passed any complete Star 2 test. Additional private coaching is mandatory at or above this level.

Advanced/Gold Qualification: passed any 3 of the following 4:

- 1. Star 3 Freeskate,
- 2. Star 5 Freeskate,
- 3. Star 5 Skills,
- 4. Senior Bronze Dances.

(Some qualification exceptions may apply; talk to your coach).

For transitioning purposes, skaters who have passed Star 3 Freeskate + Star 5 Skills + Star 5 Dance may register for Senior or Advanced sessions. Contact the office or your private coach for details.



#### Adult/Teen

Adult/Teen sessions offer a fun, professionally coached environment for those aged 13 and up to improve basic skating skills or maintain more advanced skills. Session fees include a group lesson with a professional coach. Helmets are mandatory for skaters who are just learning, or who have not passed the equivalent of CanSkate level 5. If you are unsure of your level, bring a helmet to the first session and our coaches will assess your level. Skaters working on Senior Silver or higher dances can join the Advanced session on Thursdays at 8:30 for additional practice time before the Adult session.

Dance Star 4+ Add-ON New this year! Saturday practice session provides skaters with an additional time-slot to practice their Dances (Star 4+). No group lessons are offered during the practice ice, but skaters can arrange their own lessons with a professional coach during the Add-On session. Skaters on this session must register for a Senior, Advanced, Gold, Adult or Teen session to add this to their registration.

# **Performance Enrichment**

Our Performance Enrichment Program (PEP) is a great way for dedicated, goal-oriented skaters to move ahead quickly as it is designed to improve skaters' edges, stamina, skill and form. PEP skaters receive group lessons, coach-led drills, performance training and more. Participants must be at the Intermediate level or higher, and must also skate a minimum of one other session per week at MSC. Before enrolling in PEP, skaters must consult with their coach to ensure the program is appropriate for their skill level. Skaters in this program are coached throughout the entire session. Thirty minutes of off-ice training (either before or after they skate) is included in PEP program fees. Choice of off-ice class time must be made at time of registration.

# **Power Skating**

CanPower programs are a great next step for skaters who have completed CanSkate 5 or 6 and prefer not to pursue figure skating. These are NOT "learn to skate" programs. MSC's power skating programs are led by coaches with a combined 30+ years of experience in power skating. The CanPower program is designed to build strong skating skills for new and experienced hockey and ringette players. Focus is placed on edge quality and control, body alignment and balance. A variety of stopping, starting and turning exercises will challenge the skaters both physically and mentally, helping to develop better on-ice coordination and body awareness.

- Our earlier session caters to younger players (min. 6 years old) looking to further develop their basic skating skills. Skaters must be able to skate the length of the rink either forward or backward and must be able to stop on command. Skaters MUST have passed CanSkate Stage 5.
- Our later session is for skaters at least 8 years old. This session is for more advanced skaters playing rep hockey (or aiming to do so). Skaters must be able to perform forward and backward crosscuts, and be able to stop in both directions. Skaters MUST have passed CanSkate Stage 5.

All power skaters must wear full hockey equipment (CSA-approved). Bring a hockey stick - it will be incorporated into many drills.

# **Guest Skating/** Alumni

Current Skate Canada Members at the Intermediate level or above may buy guest passes at \$25 per session for a maximum of 6 sessions per year. Pre-registration and pre-payment is required. MSC Alumni (minimum of Senior qualifications) may receive 6 guest passes per season at a reduced fee of \$125.



Add a Session

Current MSC Members at the Intermediate level or above can "add a session" to their usual weekly schedules by paying a fee of \$10 per additional single session. Skaters must be qualified for the session they are adding, and <a href="mailto:space">space must be available on the session requested</a>. Pre-registration and pre-payment in full is required. Max. 6 "add on" single sessions per year.

**Ticket Ice** 

Ticket ice refers to ice time available to MSC skaters outside our regular session schedule. Skaters who would like additional practice time need to *book this time in advance with their private coach*. **Ticket ice times for the Fall 2019 season are: Tuesdays 3pm-4pm and Wednesdays 3pm-4pm.** Ticket ice is subject to cancellation from time to time, so check with your coach before arriving.

Ticket ice MUST be booked in advance through the office, or online from our website. Skaters must have a physical paper ticket before stepping on the ice. Tickets are \$10 for a single session, or \$40 for 5 tickets. Non MSC-skaters (guest skaters) must be current Skate Canada members, and may use MSC ticket ice at \$25/session. All skaters attending Ticket Ice must be accompanied by a coach.

#### **SCHEDULES**

While every effort is made to ensure that schedules for all programs are fair and equal, holidays, special events and test days may affect sessions; please consider the list of Key Dates (p.8) when choosing your sessions.

Times and schedules are subject to change. Whenever possible, notices will be emailed to members, posted on the MSC website, and posted in the arena lobby.

### 1) ON-ICE TRAINING

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:10-5:20 Int/Senior	4:10-5:30 Adv/Gold	4:10-5:30 Int/Senior	4:10-5:30 Senior	4:10-5:10 Senior	8 :10-9 :20 Intermediate/ Senior
5:30-6:20 Pre/CanSkate	5:40-7:00 Intermediate	5:40-6:10 PEP*	5:40-6:30 Pre/CanSkate	5:10-6:10 Intermediate	9 :20-10 :10 PreCan/ Canskate
6:20-7:30 Senior	7:10-8:00 Power	6:20-7:30 Int/Senior	6:30-7:20 Pre/CanSkate	6:20-7:10 Pre/CanSkate	10:20-11:10 PreCan/ Canskate
7:40-9:00 Adv/Gold	8:10-9:00 Power	7:40-9:00 Adv/Gold	7:30-9:00 Adv/Gold	7:10-8:00 Pre/CanSkate	11:10-12:00 PreCan /CanSkate
					12:10-1:30 Adv/Gold/Adult
			9:10-10:00 Adult/Teen		1:30-2:00 Dance Star 4+

<sup>\*</sup>PEP (Performance Enrichment Program) includes 30 minutes of off-ice training either immediately before or after the on-ice class on Wednesdays. When you register, please indicate which off-ice session (before or after skating) you will take.



# 2) OFF-ICE TRAINING

At MSC we are committed to giving our skaters the best training possible and believe in the benefits of training "beyond the ice." Our off-ice sessions are designed to reduce risk of injury, build a strong muscular foundation, and maximize skating potential. These classes help skaters handle the physical demands of figure skating, including jumps, spins and programs. Our off-ice training classes are led by a Certified Athletic Therapist with extensive experience working with athletes.

One off-ice class is included in the fees for every skater at the Intermediate level or higher. Classes are every Thursday for the duration of the skating season. Space is limited to a maximum of 20 students per class, so sign up for your off-ice training when you register for your on-ice sessions.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		PEP Off-Ice #1	Off-Ice Class #1		
		5:00-5:30	5:40-6:30		
		PEP Off-Ice #2	Off-Ice Class #2		
		6:20-6:50	6:30-7:20		
			Off-Ice Class #3		
			(Adult)		
			7:30-8:20		

### **SCHEDULE BY PROGRAM**

Pre-CanSkate and CanSkate	Monday 5:30-6:20
(Pre/Can)	Thursday 5:40pm-6:30
	Thursday 6:30-7:20
	Friday 6:20-7:10
	Friday 7:10-8:00
	Saturday 9:20-10:10
	Saturday 10:20-11:10
	Saturday 11:10-12:00
Intermediate (Int)	Monday 4:10-5:20 (with Senior)
	Tuesday 5:40-7:00
	Wednesday 4:10-5:30 (with Senior)
	Wednesday 6:20-7:30 (with Senior)
	Friday 5:10-6:10
	Saturday 8:10-9:20 (with Senior)
Senior (Sr)	Monday 4:10-5:20 (with Intermediate)
	Monday 6:20-7:30
	Wednesday 4:10-5:30 (with Intermediate)
	Wednesday 6:20-7:30 (with Intermediate)
	Thursday 4:10-5:30
	Friday 4:10-5:10
	Saturday 8:10-9:20 (with Intermediate)



Advanced/Gold	Monday 7:40-9:00
	Tuesday 4:10-5:30
	Wednesday 7:40-9:00
	Thursday 7:30-9:00
	Saturday 12:10-1:30
Power	Tuesday 7:10-8:00
	Tuesday 8:10-9:00
Adult/Teen	Thursday 9:10-10:00
	Saturday: 12:10-1:30
Adult/Teen Dance Add-On	Saturday 1:30-2:00
PEP	Wednesday 5:40-6:10

Skaters must attend their session on the same day each week.
Walk-ons and drop-ins cannot be accommodated.
No make-up days are provided for missed lessons.

#### **SESSION FEES**

	Number of Sessions/Week			ek
Session	1	2	3	4
Pre-CanSkate	\$400	\$680	\$960	
CanSkate	\$485	\$825	\$1,164	
Intermediate	\$530	\$900	\$1,272	\$1,380
Senior/Advanced/Gold (min. 2 sessions/week)	560	\$950	\$1,350	\$1,450
PEP/Rising Stars (must <u>also</u> take at least 1 other session; includes 30 minutes off-ice training)	\$330			
Adult/Teen	\$550	\$880		
Dance Star 4+ (must be registered for Senior/Advanced/Gold or Adult/Teen)	n/c			
Power	\$575			
Additional Off-Ice Class	n/c	n/c		

#### **PAYMENT**

- Cash or Cheque: Accepted through in-person registration only (no online option).
  - Cash: Must be paid in full at the time of registration.
  - Cheque: May be paid in four instalments dated September 1, October 1, November 1, and December 1, 2019.
- Visa/MasterCard: Accepted online or in person. If paying by credit card, fees to be paid in full at registration.
- Pre-CanSkate, CanSkate and Power Skating fees must be paid in full at time of registration. Instalment payment is available for all other programs.
- Session choice cannot be confirmed until payment or arrangement is made in full.
- All skaters wishing to participate in private coaching, Skate Canada testing, or competitions of any kind must be a "Member in Good Standing" (i.e. all fees paid in full) and must have enrolled in an appropriate MSC program with the minimum required days of skating.



#### **SKATE CANADA FEE**

All skaters in Skate Canada-sanctioned clubs are required to pay an annual Skate Canada Membership fee, which will be applied at time of registration. Skate Canada memberships expire on August 31 of each year.

## FAMILY DISCOUNT/PROGRAM ASSISTANT (PA) DISCOUNT

Families with 2 skaters at MSC will receive a 2.5% discount on total membership fees. Families with 3 or
more skaters at MSC will receive a 5% discount on total membership fees. All skaters accepted into the
Program Assistant (PA) program will receive a 3% discount on their fees. Discounts are applied as a credit
on your account once the PA has completed his/her skating season as a PA.

(Discounts do not apply to Skate Canada membership fee). To receive the PA discount, <u>you must select your PA session at the time you register</u>.

### **CANCELLATIONS/REFUNDS**

- a) If a written request to cancel a session registration is received prior to the start of skating, a refund will be granted, less a \$35 administration fee, and less the cost of the Skate Canada fee.
- b) If a written request to withdraw from a session is received on or before October 31 of the current Fall/Winter session, a pro-rated refund will be granted regardless of whether or not your child attended sessions, less a \$35 administration fee, and less the cost of the Skate Canada fee. The administration fee will be waived if you choose to accept a credit on your account.
- c) After October 31, there are no refunds except for medical reasons. Requests for refunds must be supported by a doctor's note, and all requests must be approved by the MSC Board of Directors. In this case, refunds are pro-rated and the Skate Canada registration fee is non-refundable. There are no credits after October 31.
- d) All credit balances remaining unused on a client account for two (2) years will be cleared.

### **NSF CHEQUES / RETURNED PAYMENTS**

A \$45 fee will be levied for returned payments, which must be replaced with a certified cheque or other guaranteed form of payment. Replacement payment must be received within 14 days to continue membership with MSC.

#### **NON-MEMBER REGISTRATIONS**

Since many of our programs are at capacity, MSC Member registrations will be accepted prior to "non-member registrations". Skaters registered with an alternate club as their "home club" will be permitted to register for sessions after September 10, 2019. All non-member registration requests will be reviewed on an individual basis by the MSC Board of Directors.

#### CODE OF CONDUCT/ANTI-BULLYING POLICY

All skaters/guardians must read and agree to adhere to MSC's Code of Conduct before registration will be considered complete. Copies are available at the MSC office, or you can download it from our website.

We maintain a strong stance on bullying, and we expect all our skaters and parents to adhere to the Skate Canada anti-bullying policy, to ensure a warm and welcoming place for children, teens and parents. A link to this policy is also available on our website.



#### **SAFETY**

Skate guards are to be worn at all times unless you are on the rubber mat at the rink entrance or on the ice. This is not only a safety regulation but also a sensible practice to protect your skate blades. Please use the dressing rooms for changing before and after lessons and keep the lobby free of skating apparel.

#### **PROGRAM ASSISTANTS**

MSC offers a wonderful opportunity for skaters to assist our Professional Coaches as Pre-CanSkate and CanSkate Program Assistants (PAs). Skaters are eligible to be a PA if they are registered on the Intermediate session or higher AND are 10 years of age or older. High school students may allocate these volunteer hours toward their Community Involvement requirements. In addition, Program Assistants receive a 3% discount on session fees. NOTE: PA hours are to be scheduled when you register for your sessions.

#### **VOLUNTEER OPPORTUNITIES**

Markham Skating Club is a non-profit organization run by dedicated and hard-working volunteers. All members are encouraged to join our volunteer team. Individuals can donate time and expertise at any level—from helping out on test day to joining the Board of Directors. Email us at info@markhamskatingclub.com to learn more.

#### COSTUME AND DRESS RENTAL – "THE LOFT"

Costumes, test dresses, competition outfits and more are available for rent at extremely reasonable prices through the Markham Skating Club rental business known as "The Loft". <u>Test dresses can be rented for as low as \$15!</u> We also have a great selection of skating pants and shirts for boys.

Come see our fabulous new costumes, including all the costumes you saw in our 2018 Ice Show! We have hundreds of outfits for adults and kids; colourful skating dresses, Disney characters, medieval, western, fantasy, Wizard of Oz, genies, pirates, 1920s, through 1980s themes, flapper dresses, tuxedos, poodle skirts, international costumes, animals, fish, flower costumes, top hats, fedoras and more!

Our costumes are ideal for dance recitals, skating tests and shows, parades, theatrical productions, masquerades, school plays, Halloween and theme parties.

The Loft is located within the arena, at the south end of the ice, underneath the score clock. We are open by appointment only. Call 905-294-0673 or email costumes@markhamskatingclub.com.

#### **IMPORTANT - WE NEED TO CONTACT YOU!**

Staying subscribed to email from MSC is vitally important. We need to keep you updated about things like schedule changes or session cancellations. If you do not have email, please be sure to regularly check our website, social media or the lobby bulletin board. If you think you are not receiving email from us, please call the office.



### **KEY DATES**

Equity among programs is considered when our schedule is created, but please consider these dates when choosing your sessions. Times and schedules are subject to change; whenever possible, notices will be posted on the MSC website, emailed to members and posted in the arena and on social media. Be sure we have your email address!

August 2010	Tuesday, August 6@ 6:00pm – Fall/Winter registration opens online (and in person at
August, 2019	the MSC office from 6:00-7:30pm
Santambar 2010	·
September, 2019	Monday, September 23 – First day of Fall/Winter session
	Saturday, September 28 @11:30am– MSC Annual BBQ – arena parking lot (11:30am-
	2:00pm)
	Saturday, September 28 @ 2:00pm – PA training clinic (mandatory, no charge)
	September 30-October 5— Pre-CanSkate and CanSkate Parent Information Sessions (during sessions)
October, 2019	Monday, October 7 – Ice Show Registration Opens
•	Saturday, October 12 – Thanksgiving weekend (no sessions)
	Monday, October 14 – Thanksgiving Day (no sessions)
	Wednesday, October 30 – Test Day (no sessions)
	Thursday, October 31 – Halloween (yes, there are sessions!)
November, 2019	Saturday, November 30 (TBC) 11:00am – 1:00pm– Markham Santa Claus Parade (allow
·	extra time to get to arena)
December, 2019	Wednesday, December 18 – High Test Day (no sessions)
*	Saturday, December 21 – CanSkate Challenge, Family Christmas party (no regular
	sessions but all members are invited to join the fun)
	Saturday, December 21 – Last day of skating before Christmas break
	Sunday, December 22 to Wednesday, January 1 – Christmas break (no sessions)
January, 2020	Thursday, January 2 – First day of skating after Christmas break
February, 2020	Monday, February 17 – Arena closed for Family Day (no sessions)
	Tuesday, February 18 – Spring session registration opens at 6pm
	Wednesday, February 26 – Test Day (no sessions)
March, 2020	Monday, March 2 – Ice Show Rehearsals Start
	Monday, March 16-Friday, March 20 – March Break (rink is open and there are ice show
	rehearsals and sessions)
	Monday, March 30 – Ice Show Production Week Starts
April, 2020	Friday, April 3, Saturday, April 4, and Sunday, April 5 – Ice Show
	Monday, April 6 – Spring session starts
	Friday, April 10-Monday, April 13 – Easter weekend (no sessions)
	April 20-25 – New Skater: Pre-CanSkate and CanSkate Parent Information Sessions
	(during sessions)
May, 2020	Saturday, May 9 – Annual Spring Awards Banquet (evening)
	Saturday, May 16-Monday May 18 – Victoria Day weekend (no sessions)
	Wednesday, May 27 – Test Day (no sessions)
	Saturday, May 30 – Last day of spring skating
June, 2020	Tuesday, June 9 @ 7:30 pm– Annual General Meeting



#### PROFESSIONAL COACHING STAFF

At MSC we are very proud of our coaching team. Some have coached with us for many years; some even learned to skate with MSC! Many of our coaches have been national champions and international competitors, and all are N.C.C.P. certified members of Skate Canada. Our coaches teach both male and female skaters of all levels of ability and experience, from "learn to skate" through gold levels. To book private lessons, please contact the full-time coach of your choice directly for information.

Teri-Lynn Black-Calleri	416-580-7297
Deborah Botticella	905-830-8101
Michele Britten	905-640-8488
Jodi Figliomeni	604-786-0199
Candice Glover	647-223-8967
Darcy Guddat	905-294-2485
Brandon Herdman	416-559-2696
Tracey Jones	905-721-1921
Karolina Mazur	416-803-4092
Katelyn Toms	647-515-4909

### **BOARD OF DIRECTORS**

The Markham Skating Club's Board of Directors governs the overall MSC business. This group of volunteers meets once a month to ensure the successful operations of our programs and club activities. We are committed to the success of MSC and are always seeking new ideas to enhance our programs and Club. If you wish to contact a board member, feel free to email our office via email or phone and we will connect you.

President and Ice Show Coordinator	Shawna Sheldon
Vice President and Communications	Sylvia Sicuso
Secretary	Karen Cheah
Treasurer and Test Chair	Cathy Manion
Registration Coordinator	Jen Hayward
Competition and PA Coordinator	May Lam
Ice Show Coordinator and Coach Liaison	Stephanie Lai
Special Events Coordinator	Susan Wood
Property Manager and Program Coordinator	Celia Young

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www.markhamskatingclub.com email: info@markhamskatingclub.com

