



**Fall 2020 Session
September 8 to October 9, 2020**

Sanctioned by Skate Canada, the Markham Skating Club offers a wide range of top-quality programs. From “learn-to-skate” programs to adult lessons, and Performance Enrichment to Power Skating, we strive to offer something for everyone. Our ultimate mission is to inspire a lifelong love for the sport of skating.

All Fall sessions take place at the Angus Glen Community Centre (North side of Major Mackenzie between Warden and Kennedy).

REGISTRATION OPENS August 24 at 6pm
REGISTER ONLINE AT: www.markhamskatingclub.com

No registrations will be accepted prior to August 24 at 6pm.
All registrations are processed on a first-come, first-served basis.
Sessions fill quickly. Register early to ensure you obtain space in your preferred sessions.

Questions? You can always contact us by phone: (905) 472-6982 or email: info@markhamskatingclub.com

SUMMER/FALL OFFICE HOURS

Markham Village Office is currently closed until the Club gains access to Markham Village Arena. Voice mail and email are checked frequently.

Special Instructions — Ministry, City, and Skate Ontario Requirements

In order to comply with social distancing regulations that have been put in place to stop the spread of COVID 19, the following protocols have been established:

ALL Skaters MUST:

1. **ARRIVE 20 mins prior to the start of their session** and wait at the main doors on the west side of the building for admittance. Skaters will be ushered to the West pad by ‘runners.’ Late arrivals will not be admitted to the rink.
2. **WEAR A MASK** until they go on the ice and immediately after they leave the ice.

The facility has made it clear that **admittance will be denied** if any of these steps are not adhered to.

If your skater **can** properly tie their own skates, they can put skates on in the arena. The staff has provided socially distanced, disinfected chairs for skaters to use and leave their bags on while on the ice.

If your skater is **unable** to properly and securely tie their own skates, they must arrive with skates on. No one will be able to assist them if their skates are loose or come undone. Elevators are operating with 2-person occupancy for skaters who choose to use the elevators with skates.

PLEASE be sure your skater has a zip lock bag for Kleenex etc...and as a place to store their mask while skating.
NO PARENTS are permitted to accompany their skater inside the facility. Skaters will be escorted back to the west entrance for pickup once their session has concluded.



PROGRAMS OFFERED

Skaters must have met the criteria for their selected program as of August 24, 2020.

STARSkate **STARSkate programs (Intermediate, Senior, Advanced, Gold)** afford skaters the opportunity to develop their figure skating in the areas of ice dance, skating skills, free skate and interpretive skating. Skaters may take tests through Skate Canada's nationally standardized testing system, but testing is not mandatory. Skaters who have mastered figure skating skills in STARSkate may choose to pursue synchronized or pairs skating, enter competitions, become involved in judging and more. All STARSkate levels include a stroking session at the start of each session or a cool down session at the close of the session.

Intermediate Qualification: Passed CanSkate Stage 6. Includes one 10-minute group lesson in addition to a 10-minute stroking session at the start of the session. Although additional private coaching is not mandatory, it is recommended at this level; coaching must be arranged directly with the coach of your choice. Private coaching cannot be arranged through the office. See our website for details on our coaching team.

Senior Qualification: Passed any complete Star 2 test. Additional private coaching is mandatory at or above this level.

Advanced/Gold Qualification: passed any 3 of the following 4:

1. Star 3 Freeskate,
2. Star 5 Freeskate,
3. Star 5 Skills,
4. Senior Bronze Dances.

(Some qualification exceptions may apply; talk to your coach).

For transitioning purposes, skaters who have passed Star 3 Freeskate + Star 5 Skills + Star 5 Dance may register for Senior or Advanced sessions. Contact the office or your private coach for details.

Adult/Teen **Adult/Teen** sessions offer a fun, professionally coached environment for those aged 13 and up to improve basic skating skills or maintain more advanced skills. Session fees include a group lesson with a professional coach. Helmets are mandatory for skaters who are just learning, or who have not passed the equivalent of CanSkate level 5. If you are unsure of your level, bring a helmet to the first session and our coaches will assess your level.

Performance Our **Performance Enrichment Program (PEP)** is a great way for dedicated, goal oriented **Enrichment** skaters to move ahead quickly as it is designed to improve skaters' edges, stamina, skill and form. PEP skaters receive group lessons, coach-led drills, performance training and more. Participants must be at the Intermediate level or higher and must also skate a minimum of one other session per week at MSC. Before enrolling in PEP, skaters must consult with their coach to ensure the program is appropriate for their skill level. Skaters in this program are coached throughout the entire session.



Power Skating

CanPower programs are a great next step for skaters who have completed CanSkate 5 or 6 and prefer not to pursue figure skating. **These are NOT “learn to skate” programs.** MSC’s power skating programs are led by coaches with a combined 30+ years of experience in power skating. The CanPower program is designed to build strong skating skills for new and experienced hockey and ringette players. Focus is placed on edge quality and control, body alignment and balance. A variety of stopping, starting and turning exercises will challenge the skaters both physically and mentally, helping to develop better on-ice coordination and body awareness.

- Our earlier Tuesday session caters to younger players (min. 6 years old) looking to further develop their basic skating skills. Skaters must be able to skate the length of the rink either forward or backward and must be able to stop on command. Skaters **MUST** have passed CanSkate Stage 5.
 - Our later Tuesday session and Friday session is for skaters at least 8 years old. These sessions are for more advanced skaters playing rep hockey (or aiming to do so). Skaters must be able to perform forward and backward crosscuts and be able to stop in both directions. Skaters **MUST** have passed CanSkate Stage 5.
 - New! Friday session for all levels. Skaters **MUST** have passed CanSkate Stage 5.
- All power skaters must wear full hockey equipment (CSA-approved). Bring a hockey stick – **it will be incorporated into many drills.**

SCHEDULES

While every effort is made to ensure that schedules for all programs are fair and equal, holidays, special events and test days may affect sessions. Times and schedules are subject to change. Whenever possible, notices will be emailed to members.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00-6:10 Intermediate	5:00-6:10 Adv/Gold	5:00-6:10 Int/Senior	5:00-6:10 Senior	5:00-6:10 Senior	8:00-9:10 Intermediate
6:20-7:20 Senior	6:10-7:10 Int/Senior	6:10-6:40 PEP*	6:20-7:20 Int/Senior	6:20-7:20 Intermediate	9:20-10:20 Senior
7:30-8:50 Adv/Gold	7:20-8:05 Power	6:50-7:50 Int/Senior	7:30-8:50 Adv/Gold	7:30-8:20 Power	10:30-11:50 Adv/Gold/Adult
	8:05-8:50 Power	7:50-8:50 Adv/Gold			

***PEP (Performance Enrichment Program) – note there is NO off-ice training for PEP this session**

SCHEDULE BY PROGRAM

Intermediate (Int)	Monday 5:00-6:10 Tuesday 6:10-7:10 (with Senior) Wednesday 5:00-6:10 (with Senior) Wednesday 6:50-7:50 (with Senior) Thursday 6:20-7:20 (with Senior) Friday 6:20-7:20 Saturday 8:00-9:10
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Senior (Sr)	Monday 6:20-7:20 Tuesday 6:10-7:10 (with Int) Wednesday 5:00-6:10 (with Int) Wednesday 6:50-7:50 (with Int) Thursday 5:00-6:10 Thursday 6:20-7:20 (with Int) Friday 5:00-6:10 Saturday 9:20-10:20
Advanced/Gold	Monday 7:30-8:50 Tuesday 5:00-6:10 Wednesday 7:50-8:50 Thursday 7:30-8:50 Saturday 10:30-11:50 (with Adult)
Power	Tuesday 7:20-8:05 Tuesday 8:05-8:50 Friday 7:30-8:20
Adult/Teen	Saturday 10:30-11:50 (with Adv/Gold)
PEP	Wednesday 6:10-6:40

Skaters must attend their session on the same day each week.

Walk-ons and drop-ins cannot be accommodated. No make-up days are provided for missed lessons.

SESSION FEES

Session	Number of Sessions/Week			
	1	2	3	4
Intermediate	\$165	\$315	\$460	\$600
Senior/Advanced/Gold	\$140	\$260	\$385	\$500
PEP/Rising Stars (must <u>also</u> take at least 1 other session)	\$80			
Adult/Teen	\$140			
Power	\$175			

PAYMENT

- **Visa/MasterCard:** Accepted online or in person. If paying by credit card, fees to be paid in full at registration.
- Session choice cannot be confirmed until payment or arrangement is made in full.
- All skaters wishing to participate in private coaching, Skate Canada testing, or competitions of any kind must be a “Member in Good Standing” (i.e. all fees paid in full) and must have enrolled in an appropriate MSC program with the minimum required days of skating.

SKATE CANADA FEE

All skaters in Skate Canada-sanctioned clubs are required to pay an annual Skate Canada Membership fee, which will be applied at time of registration. Skate Canada memberships expire on August 31 of each year.

FAMILY DISCOUNT

Families with 2 skaters at MSC will receive a 2.5% discount on total membership fees. Families with 3 or more skaters at MSC will receive a 5% discount on total membership fees. (Discounts do not apply to Skate Canada membership fee).

CANCELLATIONS/REFUNDS

- a) If a written request to cancel a session registration is received prior to the start of skating, a refund will



- be granted, less a \$35 administration fee, and less the cost of the Skate Canada fee.
- b) After the 1st day of classes, there are no refunds. Credits may be issued for medical reasons. Requests for credits must be supported by a doctor's note, and all requests must be approved by the MSC Board of Directors. In this case, credits are pro-rated and the Skate Canada registration fee is non-refundable.
 - c) All credit balances remaining unused on a client account for two (2) years will be cleared.

NSF CHEQUES / RETURNED PAYMENTS

A \$45 fee will be levied for returned payments, which must be replaced with a certified cheque or other guaranteed form of payment. Replacement payment must be received within 14 days to continue membership with MSC.

NON-MEMBER REGISTRATIONS

Since many of our programs are at capacity, MSC Member registrations will be accepted prior to "non-member registrations". Skaters registered with an alternate club as their "home club" will be permitted to register for sessions after September 1, 2020. All non-member registration requests will be reviewed on an individual basis by the MSC Board of Directors.

CODE OF CONDUCT/ANTI-BULLYING POLICY

All skaters/guardians must read and agree to adhere to MSC's Code of Conduct before registration will be considered complete. Copies are available at the MSC office, or you can download it from our website.

We maintain a strong stance on bullying, and we expect all our skaters and parents to adhere to the Skate Canada anti-bullying policy, to ensure a warm and welcoming place for children, teens and parents. A link to this policy is also available on our website.

SAFETY

Skate guards are to be worn at all times unless you are on the rubber mat at the rink entrance or on the ice. This is not only a safety regulation but also a sensible practice to protect your skate blades. Please use the dressing rooms for changing before and after lessons and keep the lobby free of skating apparel.

VOLUNTEER OPPORTUNITIES

Markham Skating Club is a non-profit organization run by dedicated and hard-working volunteers. All members are encouraged to join our volunteer team. Individuals can donate time and expertise at any level—from helping on test day to joining the Board of Directors. Email us at info@markhamskatingclub.com to learn more.

IMPORTANT – WE NEED TO CONTACT YOU!

Staying subscribed to email from MSC is vitally important. We need to keep you updated about things like schedule changes or session cancellations. If you do not have email, please be sure to regularly check our website, social media or the lobby bulletin board. **If you think you are not receiving email from us, please call the office.**

KEY DATES

Equity among programs is considered when our schedule is created, but please consider these dates when choosing your sessions. Times and schedules are subject to change; whenever possible, notices will be posted on the MSC website, emailed to members and posted in the arena and on social media. Be sure we have your email address!

August, 2020	Monday, August 24 @ 6:00pm – Fall registration opens online
September, 2020	Monday, September 8 – First day of Fall session
October, 2020	Saturday, October 10 – October 12 (inclusive) - Thanksgiving Weekend (no sessions)



PROFESSIONAL COACHING STAFF

At MSC we are very proud of our coaching team. Some have coached with us for many years; some even learned to skate with MSC! Many of our coaches have been national champions and international competitors, and all are N.C.C.P. certified members of Skate Canada. Our coaches teach both male and female skaters of all levels of ability and experience, from “learn to skate” through gold levels. To book private lessons, please contact the StarSkate coach of your choice directly for information.

Teri-Lynn Black-Calleri	416-580-7297
Michele Britten	905-640-8488
Jodi Figliomeni	604-786-0199
Candice Glover	647-223-8967
Darcy Guddat	905-294-2485
Brandon Herdman	416-559-2696
Tracey Jones	905-721-1921
Karolina Mazur	416-803-4092
Katelyn Toms	647-515-4909

BOARD OF DIRECTORS

The Markham Skating Club’s Board of Directors governs the overall MSC business. This group of volunteers meets once a month to ensure the successful operations of our programs and club activities. We are committed to the success of MSC and are always seeking new ideas to enhance our programs and Club. If you wish to contact a board member, feel free to email our office via email or phone and we will connect you.

President and Ice Show Coordinator	Shawna Sheldon
Vice President, Treasurer and Test Chair	Cathy Manion
Communications and Registration Coordinator	Jen Hayward
Secretary	Shilpa Dhandha
Competition Coordinator	Ann Nakashima Chan
Coach Liaison and Social Media	Meredith Blake
Special Events Coordinator	Susan Wood
Property Manager and Program Coordinator	Celia Yeung

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**www.markhamskatingclub.com
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