



## Spring Registration Information Package April 6– May 30, 2020

Sanctioned by Skate Canada, the Markham Skating Club offers a wide range of top quality programs. From “learn to skate” programs to adult lessons, and Performance Enrichment to Power Skating, we strive to offer something for everyone. Our ultimate mission is to inspire a life long love for the sport of skating.

### Spring sessions are held at Mount Joy Arena

(North side of 16<sup>th</sup> Avenue, just east of Hwy 48; enter beside St. Brother André High School).

**REGISTRATION OPENS February 18 at 6:00pm**  
**REGISTER ONLINE AT: [www.markhamskatingclub.com](http://www.markhamskatingclub.com)**

**No registrations will be accepted prior to February 18 at 6:00pm.**

**All registrations are processed on a first-come, first-served basis.**

*Sessions fill quickly. Register early to ensure you obtain space in your preferred sessions.*

If you prefer to pay by cash or cheque, or if you need help with the online process, **registrations will be taken in person at the Markham Village Arena lobby on February 18 (6:00-8:00pm).**

After registration opens, in-person registrations will continue to be accepted during office hours.

**Questions? You can always contact us by phone: (905) 472-6982 or email: [info@markhamskatingclub.com](mailto:info@markhamskatingclub.com)**

### OFFICE HOURS

From February 17-21, the office is closed during daytime hours (voice mail and email will be checked regularly); evening and Saturday hours remain unchanged.

Evening office hours will be at Mt. Joy during the Spring session; daytime hours continue at Markham Village.

### REGULAR OFFICE HOURS – FEBRUARY 24-MAY 30

	Daytime	Evening
<b>Monday</b>	10:00am – 3:00pm	5:00pm – 6:30pm
<b>Tuesday</b>	10:00am – 3:00pm	7:00pm – 9:00pm
<b>Wednesday</b>	Closed	closed
<b>Thursday</b>	10:00am – 3:00pm	5:00pm – 7:30pm
<b>Friday</b>	Closed	6:00pm – 8:00pm
<b>Saturday</b>	10:00am – 12:30pm	closed

*Programs under sanction of Skate Canada – Club No. 1000444*  
Contact us by phone: (905) 472-6982 or email: [info@markhamskatingclub.com](mailto:info@markhamskatingclub.com)



## PROGRAMS AND QUALIFICATIONS

***Individuals must be registered in the full program and must skate at their scheduled time each week; drop-ins to other sessions cannot be accommodated.***

*Skaters must have met the criteria for their selected program as of February 18, 2020.*

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- Pre-CanSkate**      **Pre-CanSkate** is an introductory session taught by professional coaches. It is taught in a flexible manner and is designed to be an enjoyable time for preschool children (ages 3-5) while they learn the fundamentals of skating. **CSA-approved helmets are mandatory. Skaters must ALWAYS wear skate guards when not on the ice.**
- CanSkate**            **CanSkate** is a beginner program for skaters aged 5 and up who are able to stand up and move around competently on the ice. Our coaches work hard to ensure a fun time with 30 minutes of small group instruction per session and an exceptionally low skater-to-coach ratio. Ribbons and badges are awarded as skaters master the fundamentals to prepare for success in more advanced Skate Canada programs. **CSA-approved helmets are mandatory until skaters pass CanSkate Stage 5. Skate guards are also mandatory and must always be worn when skaters are not on the ice.**
- STARSkate**            **STARSkate programs (Intermediate, Senior, Advanced, Gold)** afford skaters the opportunity to develop their figure skating in the areas of ice dance, skating skills, free skate and interpretive skating. Skaters may take tests through Skate Canada's nationally standardized testing system, but testing is not mandatory. Skaters who have mastered figure skating skills in STARSkate may choose to pursue synchronized or pairs skating, enter competitions, become involved in judging and more. All STARSkate levels include a stroking session at the start of each session or a cool down session at the close of the session.
- Intermediate Qualification:** passed CanSkate Stage 6. Includes 2 10-minute group lessons in addition to a 10-minute stroking session at the start of the session. Although additional private coaching is not mandatory, it is recommended at this level; coaching must be arranged directly with the coach of your choice. Private coaching cannot be arranged through the office. See our website for details on our coaching team.
- Senior Qualification:** passed any complete Star 2 test OR one complete Preliminary test (Dance, Skills or Freeskate). Additional private coaching is mandatory at or above this level.
- Advanced/Gold Qualification:** passed any 3 of the following 4:
1. Star 3 Freeskate,
  2. Star 5 Freeskate,
  3. Star 5 Skills,
  4. Senior Bronze Dances.
- (Some qualification exceptions may apply; talk to your coach).
- Adult/Teen**            **Adult/Teen** sessions offer a fun, professionally coached environment for those aged 13 and up to improve basic skating skills or maintain more advanced skills. Session fees include a group lesson with a professional coach. Helmets are mandatory for skaters who are just learning, or who have not passed the equivalent of CanSkate level 5. If you are unsure of your level, bring a helmet to the first session and our coaches will assess your level.
- Adult/Teen Dance**      Skaters working on Star 4+ dances can join the Advanced session on Saturdays at 1:30 for additional practice time.
- Performance Enrichment**      Our **Performance Enrichment Program (PEP)** is a great way for dedicated, goal oriented skaters to move ahead quickly as it is designed to improve skaters' edges, stamina, skill and form. PEP skaters receive group lessons, coach-led drills, performance training and more. Participants must be at the Intermediate level or higher, and must also skate a



minimum of one other session per week at MSC. Before enrolling in PEP, skaters must consult with their coach to ensure the program is appropriate for their skill level. Skaters in this program are coached throughout the entire session. Thirty minutes of off-ice training (either before or after they skate) is included in PEP program fees. Choice of off-ice class time must be made at time of registration.

### **Power Skating**

**CanPower** programs are a great next step for skaters who have completed CanSkate 5 or 6 and prefer not to pursue figure skating. **These are NOT "learn to skate" programs.** MSC's power skating programs are led by coaches with a combined 30+ years of experience in power skating. The CanPower program is designed to build strong skating skills for new and experienced hockey and ringette players. Focus is placed on edge quality and control, body alignment and balance. A variety of stopping, starting and turning exercises will challenge the skaters both physically and mentally, helping to develop better on-ice coordination and body awareness.

- Our earlier session caters to younger players (min. 6 years old) looking to further develop their basic skating skills. Skaters must be able to skate the length of the rink either forward or backward and must be able to stop on command. Skaters **MUST** have passed CanSkate Stage 5.
- Our later session is for skaters at least 8 years old. This session is for more advanced skaters playing rep hockey (or aiming to do so). Skaters must be able to perform forward and backward crosscuts, and be able to stop in both directions. Skaters **MUST** have passed CanSkate Stage 5.

**All power skaters must wear full hockey equipment (CSA-approved). Bring a hockey stick – it will be incorporated into many drills.**

**Guest Skating/Alumni** Current Skate Canada Members at the Intermediate level or above may buy guest passes at \$25 per session for a maximum of 6 sessions per year. Pre-registration and pre-payment is required. MSC Alumni (minimum of Senior qualifications) may receive 6 guest passes per season at a reduced fee of \$125.

### **Add a Session**

Current MSC Members at the Intermediate level or above can "add a session" to their usual weekly schedules by paying a fee of \$10 per additional single session. Skaters must be qualified for the session they are adding, and space must be available on the session requested. Pre-registration and pre-payment in full is required. Max. 6 "add on" single sessions per year.

### **Ticket Ice**

Ticket ice refers to ice time available to MSC skaters outside our regular session schedule. Skaters who would like additional practice time need to *book this time in advance with their private coach*. **Ticket ice times for the Spring 2020 season are: Tuesdays 3pm-4pm and Wednesdays 3pm-4pm.** Ticket ice is subject to cancellation from time to time, so check with your coach before arriving.

**Ticket ice MUST be booked in advance through the office, or online from our website. Skaters must have a physical paper ticket before stepping on the ice.** Tickets are \$10 for a single session, or \$40 for 5 tickets. Non MSC-skaters (guest skaters) must be current Skate Canada members, and may use MSC ticket ice at \$25/session. **All skaters attending Ticket Ice must be accompanied by a coach.**



## 1) ON-ICE TRAINING

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:10-5:20 Int/Senior	4:10-5:30 Adv/Gold	4:10-5:30 Int/Senior	4:10-5:30 Senior	4:10-5:10 Senior	8 :10-9 :20 Intermediate/ Senior
5:30-6:20 Pre/CanSkate	5:40-7:00 Intermediate	5:40-6:10 PEP*	5:40-6:30 Pre/CanSkate	5:10-6:10 Intermediate	9 :20-10 :10 PreCan/ Canskate
6:20-7:30 Senior	7:10-8:00 Power	6:20-7:30 Int/Senior	6:30-7:20 Pre/CanSkate	6:20-7:10 Pre/CanSkate	10:20-11:10 PreCan/ Canskate
7:40-9:00 Adv/Gold	8:10-9:00 Power	7:40-9:00 Adv/Gold	7:30-9:00 Adv/Gold	7:10-8:00 Pre/CanSkate	11:10-12:00 PreCan /CanSkate
			9:10-10:00 Adult/Teen		12:10-1:30 Adv/Gold/Adult
					1:30-2:00 Dance Star 4+

**\*PEP (Performance Enrichment Program) includes 30 minutes of off-ice training** either immediately before or after the on-ice class on Wednesdays. When you register, please indicate which off-ice session (before or after skating) you will take.

## 2) OFF-ICE TRAINING

At MSC we are committed to giving our skaters the best training possible and believe in the benefits of training "beyond the ice." Our off-ice sessions are designed to reduce risk of injury, build a strong muscular foundation, and maximize skating potential. These classes help skaters handle the physical demands of figure skating, including jumps, spins and programs. Our off-ice training classes are led by a Certified Athletic Therapist with extensive experience working with athletes.

**One off-ice class is included in the fees for every skater at the Intermediate level or higher. Classes are every Thursday** for the duration of the skating season. Space is limited to a maximum of 20 students per class, so sign up for your off-ice training when you register for your on-ice sessions.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		PEP Off-Ice #1 5:00-5:30	Off-Ice Class #1 5:40-6:30		
		PEP Off-Ice #2 6:20-6:50	Off-Ice Class #2 6:30-7:20		
			Off-Ice Class #3 (Adult) 7:30-8:20		



## SCHEDULE BY PROGRAM

Pre-CanSkate and CanSkate (Pre/Can)	Monday 5:30-6:20 Thursday 5:40pm-6:30 Thursday 6:30-7:20 Friday 6:20-7:10 Friday 7:10-8:00 Saturday 9:20-10:10 Saturday 10:20-11:10 Saturday 11:10-12:00
Intermediate (Int)	Monday 4:10-5:20 (with Senior) Tuesday 5:40-7:00 Wednesday 4:10-5:30 (with Senior) Wednesday 6:20-7:30 (with Senior) Friday 5:10-6:10 Saturday 8:10-9:20 (with Senior)
Senior (Sr)	Monday 4:10-5:20 (with Intermediate) Monday 6:20-7:30 Wednesday 4:10-5:30 (with Intermediate) Wednesday 6:20-7:30 (with Intermediate) Thursday 4:10-5:30 Friday 4:10-5:10 Saturday 8:10-9:20 (with Intermediate)
Advanced/Gold	Monday 7:40-9:00 Tuesday 4:10-5:30 Wednesday 7:40-9:00 Thursday 7:30-9:00 Saturday 12:10-1:30
Power	Tuesday 7:10-8:00 Tuesday 8:10-9:00
Adult/Teen	Thursday 9:10-10:00 Saturday: 12:10-1:30
Adult/Teen Dance Add-On	Saturday 1:30-2:00
PEP	Wednesday 5:40-6:10

**Skaters must attend their session on the same day each week.  
Walk-ons and drop-ins cannot be accommodated.  
No make-up days are provided for missed lessons.**



## SESSION FEES

Session	Number of Sessions/Week			
	1	2	3	4
Pre-CanSkate	\$150	\$245	\$340	
CanSkate	\$165	\$270	\$375	
Intermediate	\$185	\$305	\$430	\$470
Senior/Advanced/Gold (min. 2 sessions/week)		\$335	\$465	\$510
PEP/Rising Stars (must <u>also</u> take at least 1 other session; includes 30 minutes off-ice training)	\$115			
Adult/Teen	\$180			
Power	\$190			
Off-Ice Class	n/c	n/c		

## PAYMENT

- **Cash or Cheque:** Accepted through in-person registration only (no online option). Session must be paid in full at the time of registration.
- **Visa/MasterCard:** Accepted online or in person. If paying by credit card, fees to be paid in full at registration.
- Session choice cannot be confirmed until payment or arrangement is made in full.
- All skaters wishing to participate in private coaching, Skate Canada testing, or competitions of any kind must be a "Member in Good Standing" (i.e. all fees paid in full) and must have enrolled in an appropriate MSC program with the minimum required days of skating.

## SKATE CANADA FEE

All skaters in Skate Canada-sanctioned clubs are required to pay an annual Skate Canada Membership fee, which will be applied at time of registration. Skate Canada memberships expire on August 31<sup>st</sup> of each year.

## FAMILY DISCOUNT/PROGRAM ASSISTANT (PA) DISCOUNT

- Families with 2 skaters at MSC will receive a 2.5% discount on total membership fees. Families with 3 or more skaters at MSC will receive a 5% discount on total membership fees. All skaters accepted into the Program Assistant (PA) program will receive a 3% discount on their fees. Discounts are applied as a credit on your account once the PA has completed his/her skating season as a PA.
- (Discounts do not apply to Skate Canada membership fee). In order to receive the PA discount, you must select your PA session at the time you register.

## CANCELLATIONS/REFUNDS

- a) If a written request to cancel a session registration is received prior to the start of skating, a refund will be granted, less a \$35 administration fee, and less the cost of the Skate Canada fee.
- b) After the 1<sup>st</sup> day of classes, there are no credits except for medical reasons. Requests for credits must be supported by a doctor's note, and all requests must be approved by the MSC Board of Directors. In this case, credits are pro-rated and the Skate Canada registration fee is non-refundable.
- c) All credit balances remaining unused on a client account for two (2) years are cleared.

## NSF CHEQUES / RETURNED PAYMENTS

A \$45 fee will be levied for returned payments, which must be replaced with a certified cheque or other guaranteed form of payment. Replacement payment must be received within 14 days to continue membership with MSC.



## **NON-MEMBER REGISTRATIONS**

Since many of our programs are at capacity, MSC Member registrations will be accepted prior to "non-member registrations". Skaters registered with an alternate club as their "home club" will be permitted to register for sessions after April 1, 2020. All non-member registration requests will be reviewed on an individual basis by the MSC Board of Directors.

## **CODE OF CONDUCT/ANTI-BULLYING POLICY**

All skaters/guardians must read and agree to adhere to MSC's Code of Conduct before registration will be considered complete. Copies are available at the MSC office, or you can download it from our website.

We maintain a strong stance on bullying, and we expect all our skaters and parents to adhere to the Skate Canada anti-bullying policy, to ensure a warm and welcoming place for children, teens and parents. A link to this policy is also available on our website.

## **SAFETY**

Skate guards are to be worn at all times unless you are on the rubber mat at the rink entrance or on the ice. This is not only a safety regulation but also a sensible practice to protect your skate blades. Please use the dressing rooms for changing before and after lessons and keep the lobby free of skating apparel.

## **PROGRAM ASSISTANTS**

MSC offers a wonderful opportunity for skaters to assist our Professional Coaches as Pre-CanSkate and CanSkate Program Assistants (PAs). Skaters are eligible to be a PA if they are registered on the Intermediate session or higher AND are 10 years of age or older. High school students may allocate these volunteer hours toward their Community Involvement requirements. In addition, Program Assistants receive a 3% discount on session fees. *NOTE: PA hours are to be scheduled when you register for your sessions.*

## **VOLUNTEER OPPORTUNITIES**

Markham Skating Club is a non-profit organization run by dedicated and hard-working volunteers. All members are encouraged to join our volunteer team. Individuals can donate time and expertise at any level—from helping out on test day to joining the Board of Directors. Email us at [info@markhamskatingclub.com](mailto:info@markhamskatingclub.com) to learn more.

## **COSTUME AND DRESS RENTAL – "THE LOFT"**

Costumes, test dresses, competition outfits and more are available for rent at extremely reasonable prices through the Markham Skating Club rental business known as "The Loft". Test dresses can be rented for as low as \$15! We also have a great selection of skating pants and shirts for boys.

Come see our fabulous new costumes, including all the costumes you will see in our 2020 Ice Show! We have hundreds of outfits for adults and kids; colourful skating dresses, Disney characters, medieval, western, fantasy, Wizard of Oz, genies, pirates, 1920s, through 1980s themes, flapper dresses, tuxedos, poodle skirts, international costumes, animals, fish, flower costumes, top hats, fedoras and more!

Our costumes are ideal for dance recitals, skating tests and shows, parades, theatrical productions, masquerades, school plays, Halloween and theme parties.

The Loft is located within the arena, at the south end of the ice, underneath the score clock. We are open by appointment only. Call 905-294-0673 or email [costumes@markhamskatingclub.com](mailto:costumes@markhamskatingclub.com).



## KEY DATES

Equity among programs is considered when our schedule is created, but please consider these dates when choosing your sessions. Times and schedules are subject to change; whenever possible, notices will be posted on the MSC website, emailed to members and posted in the arena and on social media. Be sure we have your email address!

<b>February, 2020</b>	Monday, February 17 – Arena closed for Family Day (no sessions)
	Tuesday, February 18 – Spring session registration opens at 6pm
	Wednesday, February 26 – Test Day (no sessions)
<b>March, 2020</b>	Monday, March 2 – Ice Show Rehearsals Start
	Monday, March 16-Friday, March 20 – March Break (rink is open and there are ice show rehearsals and sessions)
	Monday, March 30 – Ice Show Production Week Starts
<b>April, 2020</b>	Friday, April 3, Saturday, April 4, and Sunday, April 5 – Ice Show
	Monday, April 6 – Spring session starts
	Friday, April 10-Monday, April 13 – Easter weekend (no sessions)
	April 13-18 – New Skater: Pre-CanSkate and CanSkate Parent Information Sessions (during sessions)
<b>May, 2020</b>	<b>Saturday, May 9 – Annual Spring Awards Banquet (evening)</b>
	Saturday, May 16-Monday May 18 – Victoria Day weekend (no sessions)
	Saturday, May 25 – Club Competition (schedule will be slightly adjusted to accommodated the competition schedule; details will be communicated via email).
	Wednesday, May 27 – Test Day (no sessions)
	Saturday, May 30 – Last day of Spring skating

## IMPORTANT – WE NEED TO CONTACT YOU!

Staying subscribed to email from MSC is vitally important. We need to keep you updated about things like schedule changes or session cancellations. If you do not have email, please be sure to regularly check our website, social media or the lobby bulletin board. **If you think you are not receiving email from us, please call the office.**

## PROFESSIONAL COACHING STAFF

At MSC we are very proud of our coaching team. Some have coached with us for many years; some even learned to skate with MSC! Many of our coaches have been national champions and international competitors, and all are N.C.C.P. certified members of Skate Canada. Our coaches teach both male and female skaters of all levels of ability and experience, from “learn to skate” through gold levels. To book private lessons, please contact the full-time coach of your choice directly for information.

Teri-Lynn Black-Calleri	416-580-7297
Deborah Botticella	905-830-8101
Michele Britten	905-640-8488
Jodi Figliomeni	604-786-0199
Candice Glover	647-223-8967
Darcy Guddat	905-294-2485
Brandon Herdman	416-559-2696
Tracey Jones	905-721-1921
Karolina Mazur	416-803-4092
Katelyn Toms	647-515-4909



## BOARD OF DIRECTORS

The Markham Skating Club's Board of Directors governs the overall MSC business. This group of volunteers meets once a month to ensure the successful operations of our programs and club activities. We are committed to the success of MSC and are always seeking new ideas to enhance our programs and Club. If you wish to contact a board member, feel free to email our office via email or phone and we will connect you.

President and Ice Show Coordinator	Shawna Sheldon
Vice President and Communications	Sylvia Sicuso
Secretary	Shilpa Dhandha
Treasurer and Test Chair	Cathy Manion
Registration Coordinator	Jen Hayward
Competition and PA Coordinator	May Lam
Ice Show Coordinator and Coach Liaison	Stephanie Lai
Special Events Coordinator	Susan Wood
Property Manager and Program Coordinator	Celia Young
Director at Large	Meredith Blake

**Markham Skating Club · P.O. Box 77055 · Markham · ON · L3P 0C8**  
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